

AVMO Indoor Clubrecords

												na seizoen 2016
MASTERS												
heren						dames						
60m:	M35	8.52	Brecht Braeckevelt	2/01/2016	Gent	60m:	W35	8.90	Sarah Vermeersch	26/12/2015	Gent	
	M40						W40					
	M45	8.16	Didier Laureys	4/01/2014	Gent		W45					
	M50	8.08	Didier Laureys	16/01/2016	Gent		W50					
	M55	9.18	Edwin Kint	8/03/2014	Gent		W55					
60mH (1,00):	M45	13.62	Patrick De Craene	12/01/2008	Gent	60mH (0,84):	W35	12.39	Sarah Vermeersch	6/02/2016	Gent	
200m:	M35	25.00	Jeroen Tanghe	12/03/2011	Gent	200m:	W35	29.02	Nathalie D'Hondt	10/03/2012	Gent	
	M40						W40	30.12	Charlotte Haspeslagh	11/03/2007	Gent	
	M45	27.17	Didier Laureys	4/01/2014	Gent		W45	30.70	Charlotte Haspeslagh	8/03/2008	Gent	
	M50	25.83	Didier Laureys	16/01/2016	Gent		W50					
300m:	M35	42.01	Brecht Braeckevelt	2/01/2016	Gent	300m:	W35	45.23	Nathalie D'Hondt	23/02/2013	Gent	
	M40						W40					
	M45	43.75	Didier Laureys	22/02/2014	Gent							
	M50	42.02	Didier Laureys	2/01/2015	Gent							
400m:	M35	53.81	Jeroen Tanghe	12/03/2011	Gent	400m:	W35	63.10	Nathalie D'Hondt	10/03/2012	Gent	
	M40	55.32	Jeroen Tanghe	12/03/2016	Gent		W40	61.51	Nathalie D'Hondt	8/03/2014	Gent	
	M45						W45	67.78	Charlotte Haspeslagh	8/03/2008	Gent	
	M50	60.28	Dominique Van Poucke	12/03/2016	Gent		W50	70.71	Charlotte Haspeslagh	12/03/2016	Gent	
	M55	75.70	Edwin Kint	8/03/2014	Gent		W55					
800m:	M35	1.59.73	Günther Vanhoutte	10/03/2012	Gent	800m:	W35	2.19.20	Els Van Coillie	20/02/2005	Gent	
	M40	2.01.82	Günther Vanhoutte	14/03/2015	Gent		W40	2.32.49	Charlotte Haspeslagh	11/03/2007	Gent	
	M45						W45					
	M50	2.18.55	Dominique Van Poucke	12/03/2016	Gent		W50					
	M55						W55	2.55.75	Marianne Verbauwhede	9/03/2013	Gent	
1000m:	M35	2.42.37	Bart Verkaemer	23/02/2013	Gent	1000m:	W35					
	M40	2.39.86	Günther Vanhoutte	14/02/2015	Gent		W40					
	M45						W45					
	M50	3.04.09	Dirk Lannoo	22/02/2014	Gent		W50					
1500m:	M35	4.08.16	Bart Verkaemer	10/03/2012	Gent	1500m:	W35					
	M40						W40	5.08.98	Marianne Verbauwhede		Gent	
	M45	4.45.58	Dirk Lannoo	10/03/2012	Gent		W45	5.06.09	Els Van Coillie	8/03/2014	Gent	
	M50	4.44.10	Dirk Lannoo	8/03/2014	Gent		W50	5.19.00	Marianne Verbauwhede	8/03/2008	Gent	
mijl:	M35	4.54.13	Bart Verkaemer	26/12/2013	Gent		W55	6.04.64	Marianne Verbauwhede	9/03/2013	Gent	
						3000m:	W50	11.52.39	Marianne Verbauwhede	16/03/2011	Gent	
3000m SW:	M50	17.36.99	Donald Van Meenen	17/03/2011	Gent							
ver:						ver:	W35	3m88	Sarah Vermeersch	6/02/2016	Gent	
hoog:	M45	1m35	Patrick De Craene	12/01/2008	Gent	hoog:	W35	1m15	Sarah Vermeersch	6/02/2016	Gent	
	M50	1m25	Patrick De Craene	8/03/2014	Gent							
hss:	M50	8m62	Patrick De Craene	4/01/2014	Gent	hss:						
polsstok:	M50	1m80	Patrick De Craene	12/03/2016	Gent	polsstok:						
kogel-7,25kg:	M45	8m00	Patrick De Craene	6/01/2013	Gent	kogel-4kg:	W35	7m31	Annick Coene	17/03/2011	Gent	
							W40	7m55	Annick Coene	14/03/2015	Gent	
						5-kamp:	W35	1292p (CF)	Sarah Vermeersch	6/02/2016	Gent	